

CAREY SEVIER, M.S.

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EDUCATION

University of Mississippi, Mississippi, USA Expected
Doctor of Philosophy, Clinical Psychology 2027
Advisor: Laura Dixon, Ph.D. GPA 4.0

University of Nottingham, Nottingham, England 2019
Master of Science in Health Psychology, *Merit* GPA 3.7
Thesis: Social Support in Online Forums for Lupus Patients: A thematic analysis
Advisors: Heather Buchanan, Ph.D., Neil Coulson, Ph.D.

Hobart and William Smith Colleges, New York, USA 2016 to 2018
Bachelor of Science in Psychology, Minor in Sociology, *summa cum laude* GPA 3.96
Advisor: Julie Kingery, Ph.D., Renee Monson, Ph.D.

University of East Anglia, Norwich, England 2014 to 2016
Bachelor of Science, Psychology, *Upper Second-Class Honors (2:1)*
Non-degree granting, transferred to Hobart and William Smith 2016

HONORS AND

AWARDS

2021- 2025 Excellence in Inclusivity Fellowship
Fall 2022 Phi Kappa Phi Honors Society
June 2018 CRCA Athlete Scholar Award

Fall 2016 to May 2018 Hobart and William Smith Dean's List
2018 Liberty League All-Academic Team
2017 & 2018 NIRC All-Academic Team
Spring 2015 Gold Duke of Edinburgh Award

MANUSCRIPTS IN

PREPERATION

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Payne, L., **Sevier, C.**, Klein, K., Kaplan, C., & Auerbach, R. (In Preparation) *Outcomes of Dialectical Behavior Therapy: Residential Treatment for Female Adolescents.*

CONFERENCE POSTERS AND

PRESENTATIONS

*Denotes undergraduate student mentee

Upcoming:

Sevier, C., Clark, H., & Dixon, L., (2022, November 19). *The Indirect Role of Emotion Regulation Difficulties in the Association Between Social Anxiety and Engagement in Risky Behaviors* [Poster Presentation]. Association for Behavioral and Cognitive Therapies, New York, NY.

Completed:

Woodward, L.E*., **Sevier, C.J.**, & Dixon, L. J. (2022, September 29). *Examination of Impulsivity in Relation to Facets of Aggression among Socially Anxious Individuals.* [poster presentation]. Mississippi Psychological Association Annual Convention. Hattiesburg, MS.

Kimble, S., Sachner, L., **Sevier, C.**, Klein, K., Kaplan., & Fruzzetti, A. (2021, November 16). *Families Need Help Too: Exploring the Needs of Families After Child Suicide Attempts* [Virtual Conference Poster Presentation]. Association for Behavioral and Cognitive Therapies. New Orleans, LA.

Sevier, C., Klein, K., Payne, L., Fruzztti, A., & Kaplan, C. (2021, January 27). *Families Need Help Too: Exploring the Needs of Families After Suicide Attempts.* [Virtual

Conference Poster Presentation]. McLean Hospital Annual Research Day, Belmont, MA, United States.

Klein, K., Yadlosky, L., **Sevier, C.**, Watson, J. (2021, January 27). *Exploring Experiences of Teen and Young Adult Siblings of Clients with BPD*. [Virtual Conference Poster Presentation]. McLean Hospital Annual Research Day, Belmont, MA, United States.

Sevier, C., Klein, K., Kumpf, E., Payne, L., Kaplan, C., Fruzzetti, A., & Auerbach, R. (2020, November 19–22). *Effects of Residential Dialectical Behavior Therapy on Emotion Dysregulation and Risk–Taking Behaviors for Suicidal/Self–Harming Adolescents*. [Virtual Conference Poster Presentation]. Association for Behavioral and Cognitive Therapies, Philadelphia, PA, United States.

Klein, K., **Sevier, C.**, Kumpf, E., Payne, L., Kaplan, C., Fruzzetti, A., & Auerbach, R. (2020, June 11–12). *Outcomes of Dialectical Behavior Therapy: Residential Treatment Program for Female Adolescents* [Virtual Conference Poster Presentation]. Youth Suicide Research Consortium National Conference, New York, NY, United States.

Kumpf, E., **Sevier, C.**, Klein, K., Payne, L., Kaplan, C., Fruzzetti, A., & Auerbach, R. (2020, June 11–12). *Outcomes of Dialectical Behavior Therapy: Residential Treatment Program for Female Adolescents* [Virtual Conference Poster Presentation]. Youth Suicide Research Consortium National Conference, New York, NY, United States.

RESEARCH

EXPERIENCE

Graduate Student Researcher, University of Mississippi Present
Supervisor: Dr. Laura Dixon, Ph.D.
Health Anxiety Research and Treatment (HART) Lab

Clinical Research Assistant, McLean Hospital, *Belmont, MA* Jan 2020

Supervisors: Alan Fruzzetti, Ph.D., Luciana Payne, Ph.D., Cynthia Kaplan., Ph.D.

– June

Emotion Regulation Family Therapy and Trauma (ERFTT) Lab

2021

- Effectiveness of Residential Dialectical Behavior Therapy for Adolescent Females
 - Coding and cleaning data, conducting statistical analysis, preparing visual representations of data
 - Assisting with literature reviews, article summaries and manuscript preparation
- Validation of Self-hatred Scale in Borderline Personality Disorder Populations
 - Assisting in preparing IRB applications including protocol summaries, background literature, preparing recruitment tools and consent forms
 - Identifying measures for study inclusion and entering surveys into REDCap
- Family Connections: Managing Suicidality and Trauma Recovery
 - Coding and cleaning data for statistical analysis and coding qualitative trauma data
 - Tracking participant completion and ensuring participant incentives have been delivered
 - Supporting preparation of a continued IRB application
- Residential Treatment Progress
 - Administering clinical assessments to program residents via REDCap at multiple time intervals
 - Utilizing SPSS syntax to reverse code variables and calculate variable totals and subscales

CLINICAL

EXPERIENCE

Post-Baccalaureate Fellowship, McLean Hospital, *Belmont, MA*

2019 – 2021

Supervisors: Fairlee Fabrett, Ph.D. Michael Macht-Greenberg, Ph.D.

- Participating in monthly professional development and educational seminars
- Completing two yearlong rotations at programs in the child and adolescent division

3East Boys and Girls Programs, Mclean Hospital, *Belmont, MA*

2019 – 2021

Supervisors: Anna Precht, Psy.D., Michael Hollander, Ph.D., Alan Fruzzetti, Ph.D. Gillian Galen, Psy.D, Judith Mintz, Ph.D., Blaise Aguirre., M.D.

- Providing individual dialectical behaviour therapy skills coaching and phone coaching to patients aged 13 to 22 experiencing emotion dysregulation
- Supervising patients and intervening during crisis situations both in milieu settings and on community outings
- Collaborating with clinical teams, including psychiatrists and social workers, to provide evidence-based and individualized treatment
- Assisting in leading therapeutic groups on coping with daily life skills, including DBT, CBT and mentalization skills
- Providing biweekly psychoeducation for male and female graduates of the

- residential program
- Trained in medication administration

Mental Health Specialist, Mclean Hospital, *Belmont, MA* 2020 – 2021

- Providing mental health triage including conducting initial patient interviews to assess risk for incoming patients with a range of diagnosis including depression, bipolar and schizoaffective disorders for a range of ages
- Assessing patients psychiatric and mental stability including taking vital signs, orthostatic blood pressure and breathalyzer readings
- Assisting patients and families during the evaluation process, providing information and implementing de-escalation strategies for patients experiencing acute psychiatric crises, including being trained in safe patient restraints
- Perform patient centered intervention within the confines of a psychiatric evaluation center

National Health Service Administrator, *Surrey, England* 2018 – 2019

- Updated Patient records and triaged messages from patients and their families to pass critical information onto clinical teams in a timely manner

YMCA Camp Hi-Rock, *Mt. Washington, MA* 2015

- Worked as a special needs counsellor to support two autistic children, and engage them in camp life
- Worked with children from a variety of socioeconomic backgrounds, including homeless children to teach classes and manage cabin life

TEACHING

EXPERIENCE

Teaching Assistant, University of Mississippi, *Oxford, MS* 2021–2022
 Course: Psychology 311: Psychopathology and Integrative approaches
 Supervisor: Alan Gross, Ph.D.
 Course: Psychology 315: Theories of Personality
 Supervisor: Kimberly Sallis, Ph.D.

Clinical Educator, McLean Hospital 3East DBT Programs, *Belmont, MA* Jan 2021 – June 2021
 Supervisors: Gillian Galen, Psy.D, Judith Mintz, Ph.D.

- Lead DBT module groups for adolescents with borderline personality disorder and related mental health conditions in emotion regulation, mindfulness, distress tolerance and interpersonal effectiveness
- Provided direct patient care to residents in emotional distress through DBT skills coaching
- Work in a multi-disciplinary team to devise a cohesive, effective DBT treatment approach and record clinical notes

Tutor, Geneva, NY, United States
Tutor Corps, Intervention Specialist

2016 – 2018

- Tier 2 Intervention Specialist; applied a trauma centered approach to provide education in an inclusive and therapeutic manner for children in failing school districts

Geneva Public Schools, Volunteer Classroom Assistant

- Worked as a teaching assistant in a Headstart classroom to support low-income children and families

TRAINING AND

CERTIFICATIONS

- APA Telepsychology Best Practices 10: 4 Successfully completed sections [virtual training] 2021
 - Clinical Evaluation and Care: Cultural Competencies and Documentation
 - Technology: Video, Email, Text Messaging & Apps
 - Legal, Regulatory & Ethical Rules of the Road
 - Getting Paid: Reimbursement Strategies & Marketing Your Professional Services Online
- CITI Training 2020 – 2022
- Mandatory reporter and HIPPA compliant training 2019 – 2022

AFFILIATIONS

British Psychological Society, MBPsS, GBC

Graduate basis for chartered membership is a standard set by BPS to ensure sufficient breadth and depth of psychology has been studied prior to undertaking postgraduate training in psychology

Mississippi Psychological Association

SKILLS

SPSS, REDcap, Patient Record Tools (Including EPIC), CRM Slate, Database Management, Windows and Mac Platforms