

Heather L. Clark, M.S.

Curriculum Vitae
Updated October 2023

Clinical Psychology Doctoral Candidate
Department of Psychology, University of Mississippi

EDUCATION

- 2019 – Present** **Doctor of Philosophy, Psychology (emphasis: Clinical Psychology)**
Expected August 2025
Department of Psychology, University of Mississippi
Advisor: Laura J. Dixon, Ph.D.
Dissertation: *On Developing a Behavioral Paradigm to Measure Intolerance of Uncertainty* (Chair: Laura J. Dixon, Ph.D.)
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- 2017 – 2019** **Master of Science, Psychology (emphasis: Clinical Psychology)**
Department of Psychology, Clinical Track, Missouri State University
Thesis: *Does Change in Anxiety Predict Changes in Metacognitions?*
(Chair: William P. Deal, Ph.D.)
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- 2010 – 2014** **Bachelor of Arts, Psychology, Honors, Distinction**
Cognitive Science Minor; Dean's List Fall 2011, Spring 2014
University of North Carolina at Chapel Hill
Honors Thesis: *Metacognitions and Misappraisal of Cravings in Current and Former Smokers* (Chair: Jonathan S. Abramowitz, Ph.D.)

PEER-REVIEWED PUBLICATIONS

14. Clark, H.L., Dixon, L.J., Ramachandran, S., Leukel, P.J., & Lee, A.A. (2023). Psychometric properties of the Short Scale Anxiety Sensitivity Index among adults with chronic respiratory disease. *Journal of Clinical Psychology in Medical Settings*, 10.1007/s10880-023-09976-y. Advance online publication.

13. Dixon, L.J., Schadegg, M.J., Clark, H.L., & Perry, M.M. (2023). Evaluating public awareness of misophonia in U.S. adults: A population-based study. *Current Psychology*, <https://doi.org/10.1007/s12144-022-04180-x>

12. Schadegg, M.J., Clark, H.L., & Dixon, L.J. (2021). Evaluating anxiety sensitivity as a moderator of misophonia and dimensions of aggression. *Journal of Obsessive-Compulsive and Related Disorders*, 30, 100657.

11. Dalrymple, K., Clark, H.L., Chelminski, I., & Zimmerman, M. (2018). The interaction between mindfulness, emotion regulation, and social anxiety and its association with emotional eating in bariatric surgery candidates. *Mindfulness*, 9, 1780-1793.

10. Zimmerman, M., Clark, H.L., McGonigal, P., Harris, L., Guzman-Holst, C. & Martin, J. (2018). Relationship between the DSM-5 Anxious Distress Specifier and the Hamilton Depression Rating Scale Anxiety/Somatization Factor. *Journal of Nervous and Mental Disease*, 206, 152-154.

9. Zimmerman, M., Martin, J., Clark, H.L., McGonigal, P., Harris, L., & Guzman-Holst, C. (2017). Measuring anxiety in depressed patients: A comparison of the Hamilton Anxiety Rating Scale and the DSM-5 Anxious Distress Specifier Interview. *Journal of Psychiatric Research*, 93, 59-63.

8. Zimmerman, M., **Clark, H.L.**, McGonigal, P., Harris, L., Guzman-Holst, C. & Martin, J. (2016). Reliability and validity of the DSM-5 Anxious Distress Specifier Interview. *Comprehensive Psychology, 76*, 11-17.
7. Zimmerman, M., Guzman-Holst, C., **Clark, H.L.**, Multach, M.D., Walsh, E., Rosenstein, L.K., & Gazarian, D. (2016). The psychiatric inclusion and exclusion criteria in placebo-controlled monotherapy trials of bipolar depression: An analysis of studies of the past 20 years. *CNS Drugs, 30*, 1209-1218.
6. Zimmerman, M., Multach, M.D., **Clark, H.L.**, Walsh, E., Rosenstein, L.K., & Gazarian, D. (2016). Inclusion/exclusion criteria in late life depression antidepressant efficacy trials. *International Journal of Geriatric Psychiatry, 32*(9), 1009-1016.
5. Zimmerman, M., **Clark, H.L.**, Multach, M.D., Walsh, E., Rosenstein, L.K., & Gazarian, D. (2016). Variability in the substance use disorder exclusion criterion in antidepressant efficacy trials. *Journal of Affective Disorders, 198*, 39-42.
4. Zimmerman, M., **Clark, H.L.**, Multach, M.D., Walsh, E., Rosenstein, L.K., & Gazarian, D. (2016). Symptom severity and the generalizability of antidepressant efficacy trials: Changes during the past 20 year. *Journal of Clinical Psychopharmacology, 36*, 153-156.
3. Zimmerman, M., Multach, M.D., Walsh, E., Rosenstein, L.K., Gazarian, D., & **Clark, H.L.** (2016). Problems in the descriptions of the psychiatric inclusion and exclusion criteria in publications of antidepressant efficacy trials: A qualitative review and recommendations for improved clarity. *CNS Drugs, 30*, 185-191.
2. Zimmerman, M., **Clark, H.L.**, Multach, M.D., Walsh, E., Rosenstein, L.K., & Gazarian, D. (2016). Inclusion/exclusion criteria in placebo-controlled studies of vortioxetine: Comparison to other antidepressants and implications for product labeling. *Journal of Affective Disorders, 190*, 357-361.
1. Zimmerman, M., **Clark, H.L.**, Multach, M.D., Walsh, E., Rosenstein, L.K., & Gazarian, D. (2015). Have treatment studies of depression become even less generalizable? A review of the inclusion and exclusion criteria used in placebo-controlled antidepressant efficacy trials published during the past 20 years. *Mayo Clinic Proceedings, 90*, 1180-1186.

MANUSCRIPTS UNDER REVIEW

1. Dixon, L.J., Schadeegg, M.J., **Clark, H.L.**, Sevier, C.J., & Witcraft, S.M. (2023). Prevalence, phenomenology, and impact of misophonia in a nationally representative sample of U.S. adults.

MANUSCRIPTS IN PREPARATION

2. Strange, T., **Clark, H.L.**, & Dixon, L.J. (2023). Examining stress, potentially traumatic events, and posttraumatic stress disorder among individuals with skin disease symptoms.
1. **Clark, H.L.**, Freshley, A., & Dixon, L.J. (2023). Characterization of misophonia in a nationally representative sample: Investigating demographics and comorbidity.

GRANT ACTIVITY

2022 – 2023 Misophonia Research Fund Grant

Advancing the Characterization and Assessment of Misophonia Through Laboratory and Populations-Based Research

Role: Research Coordinator

PI: Laura J. Dixon, Ph.D. | Amount awarded: \$399,986

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- 2018 – 2019 Graduate College Thesis Fund, Missouri State University**
Does Change in Anxiety Predict Changes in Metacognitions?
 Role: Principal Investigator | Amount awarded: \$500
 Competitive grant awarded for graduate thesis projects
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- 2013 – 2014 Tom and Elizabeth Long Excellence Fund for Honors, UNC-Chapel Hill**
Metacognitions and Misappraisal of Cravings in Current and Former Smokers
 Role: Principal Investigator | Amount awarded: \$300
 Competitive grant awarded for undergraduate honors thesis projects
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RESEARCH PRESENTATIONS

*Undergraduate Mentee

18. Sevier, C., **Clark, H.L.**, & Dixon, L.J. (2023, November). *Investigating emotion regulation difficulties as a transdiagnostic factor in misophonia*. Poster presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies. Seattle, WA.

17. Freshley, A. **Clark, H.L.**, & Dixon, L.J. (2023, November). *Characterization of misophonia in a nationally representative sample: Investigating demographics and comorbidity*. Poster presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies. Seattle, WA.

16. *Tyson, R.E., *Williamson, B.G., **Clark, H.L.**, & Dixon, L.J. (2023, April). *The relationship between coping behaviors and misophonia symptom severity and impairment*. Poster presented at the 8th annual University of Mississippi Psychology Research Day. Oxford, MS.

15. Sevier, C., **Clark, H.L.**, & Dixon, L.J. (2022, November). *The indirect role of emotion regulation difficulties in the association between social anxiety and engagement in risky behaviors*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

14. Dixon, L.J., Schadegg, M.J., **Clark, H.L.**, Perry, M.M., Sevier, C.J., & Hana, L. (2022, November). *Assessing public awareness and knowledge of misophonia in a nationally representative sample of adults*. In L. Dixon & M. Schadegg (Chairs), Building misophonia knowledge through the examination of phenotypes, mechanisms, treatment strategies, stakeholder perceptions, and public awareness. Symposium presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

13. Dixon, L.J. & **Clark, H.L.** (2022, September). *Advancing the characterization and assessment of misophonia through laboratory and population-based research: 2022 Progress and Project Updates*. Misophonia Research Fund Annual Meeting. Chicago, IL.

12. *Barnett, K.D., **Clark, H.L.**, & Dixon, L.J. (2022, April). *Stress and skin disease: Higher PTSD-related symptoms are associated with greater skin disease severity*. Poster presented at the 7th annual University of Mississippi Psychology Research Day. Oxford, MS.

11. **Clark, H.L.**, Dixon, L.J., & Lee, A.A. (2021, November). *Psychometric properties of the Short Scale Anxiety Sensitivity Index in chronic respiratory disease samples*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies. Virtual.

10. *Schmitz, C., **Clark, H.L.**, & Dixon, L.J. (2021, March). *Investigating associations of COVID-19-related anxiety, depression, and anxiety sensitivity among e-cigarette users*. Poster presented at the 2021 Annual Convention of the Anxiety and Depression Association of America. Virtual.

9. **Clark, H.L.** & Dixon, L.J. (2020, November). *The indirect role of repetitive negative thinking in the association between perceived stress and sleep disturbance among adults with skin disease symptoms*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies. Virtual. Also presented as a Data Blitz oral presentation at the 7th annual University of Mississippi Psychology Research Day. (2022, April). Oxford, MS.
8. *Schmitz, C., **Clark, H.L.**, & Dixon, L.J. (2020, October). *Race and anxiety sensitivity as predictors of e-cigarette use and dependency*. Poster presented at the 71st Mississippi Psychological Association Annual Convention. Virtual.
7. Flood, S., **Clark, H.L.**, & Deal, W.P. (2018). *Law enforcement academy training: Changes in agreeableness and neuroticism*. Poster presented at the 22nd Annual Missouri State University CHHS Student Research Symposium. Springfield, MO.
6. McGonigal, P., Harris, L., Guzman-Holst, C., Martin, J., **Clark, H.L.**, Morgan, T., & Zimmerman, M. (2017). Is suicidal behavior in antisocial personality disorder better accounted for by comorbid borderline personality disorder? Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies. San Diego, CA.
5. Harris, L., McGonigal, P., Martin, J., Guzman-Holst, C., **Clark, H.L.**, Morgan, T., & Zimmerman, M. (2017). *Suicide attempts and emotion regulation in psychiatric outpatients*. Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies. San Diego, CA.
4. *Cerbo, A., **Clark, H.L.**, & Zimmerman, M. (2016). *Course of depression and anger in an acute intensive treatment setting: How closely does the change in depressive symptoms correspond to changes in anger?* Poster presented at the 2016 Annual Meeting of the New England Psychological Association. Worcester, MA.
3. **Clark, H.L.**, Fabricant, L.E., & Abramowitz, J.S. (2014). *Metacognitions and misappraisal of cravings of current and former smokers*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
2. Jacoby, R.J., Fabricant, L.E., **Clark, H.L.**, Silivra, O., Hodges, A., Campbell, A., & Abramowitz, J.S. (2013). *Investigating contributions of emotion reactivity and distress tolerance to health anxiety symptoms*. Poster presented at the 47th Annual Convention of Association for Behavioral and Cognitive Therapies. Nashville, TN.
1. Jacoby, R.J., **Clark, H.L.**, Hodges, A., Campbell, A., Silivra, O., Fabricant, L., & Abramowitz, J.S. (2013). Behavioral measurement of intolerance of uncertainty in obsessive-compulsive disorder, generalized anxiety disorder, and other anxiety disorders. Poster presented at the 20th Annual International Obsessive-Compulsive Disorder Foundation Convention. Atlanta, GA.

CLINICAL RESEARCH & ASSESSMENT EXPERIENCE

2022 – present Graduate Research Assistant, MRF Grant

PI: Laura J. Dixon, Ph.D.

Served as graduate research coordinator for one year with responsibilities including overseeing recruitment and retainment of community sample participants, supervising study fidelity, developing and overseeing maintenance of databases, creating data management procedures and training graduate and undergraduate study staff on protocols, conducting research sessions, leading

community recruitment events, and developing study materials. Currently serving as graduate research assistant with primary responsibilities including conducting research sessions and supervising undergraduate assistants.

Assessments administered include the Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorders (DIAMOND), Diagnostic Interview for DSM-5 Personality Disorders (DIPD-5), Montreal Cognitive Assessment 8.1 (MoCA).

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- 2019 – present** **Graduate Research Assistant, HART Lab, University of Mississippi**
 Supervisor: Laura J. Dixon, Ph.D.
 General responsibilities include contributing to management of ongoing research studies (e.g., completing IRB submissions and annual reviews, recruiting and consenting participants, maintaining databases), mentoring undergraduate honors theses, maintaining lab website, attending weekly lab meetings, contributing to manuscripts for publication, and recruiting, training, and supervising undergraduate research assistants.
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- 2018 – 2019** **Master of Science in Clinical Psychology Thesis, Missouri State University**
 Principal Investigator, Master's Thesis
Does Change in Anxiety Predict Changes in Metacognitions?
 Thesis Committee: William P. Deal, Ph.D. (Chair), Steven C. Capps, Ph.D., CaSandra Stanbrough, Ph.D.
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- 2017 – 2019** **Graduate Assessor, Missouri State University**
 Supervisor: Steven C. Capps, Ph.D.
 General responsibilities included conducting semi-structured intake evaluations and psychological test batteries for university students, adults in the community, and children in regional school systems, writing clinical reports, formulating diagnoses and recommendations, co-leading feedback sessions for clients, attending weekly case conference and supervision meetings, assisting with the training of new graduate assistants, and maintaining research databases.
- Assessments administered include the Wechsler Adult Intelligence Scale (WAIS-IV), Wechsler Intelligence Scale for Children (WISC-V), Wechsler Individual Achievement Test (WIAT-III), Woodcock-Johnson Tests of Achievement (WJ-IV), Controlled Oral Word Association Test (COWA), Minnesota Multiphasic Personality Inventory (MMPI-2-RF, MMPI-A-RF), Finger Tapping, Grooved Pegboard, Trail Making Test, Beck Depression Inventory (BDI-II), Beck Anxiety Inventory (BAI), Social Interaction Anxiety Scale (SIAS), Vineland Adaptive Behavior Scales (Vineland-II), Stanford-Binet Intelligence Scales (SB5), Tests of Variable Attention (TOVA), Conners 3.
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- 2014 – 2017** **Clinical Research Assistant, Department of Psychiatry
 Rhode Island Hospital / Brown University**
 Supervisors: Mark Zimmerman, M.D. & Kristy Dalrymple, Ph.D.
 General responsibilities included conducting diagnostic evaluations for outpatients and partial hospital patients and writing clinical reports, managing ongoing research studies (e.g., completing IRB submissions and annual reviews, recruiting and consenting participants, maintaining databases), attending weekly
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literature review and case conference meetings, conducting analyses for manuscripts, supervising undergraduate interns, managing insurance cases, and assisting with the training of new staff.

Projects and Responsibilities:

Effectiveness of Partial Hospital Treatment:

- Collected and managed daily symptom questionnaires for thousands of participants.
- Fully trained as a Senior diagnostic interviewer in a modified version of the Semi-Structured Interview for Diagnostic and Statistical Manual of Mental Disorders (SCID-IV), the Schedule for Affective Disorders and Schizophrenia (SADS), the Structured Interview for DSM-IV Personality (SID-P), Family History Research Diagnostic Criteria Interview (FHRDC), and psychosocial and occupational functioning assessment measures.
- Conducted more than 131 independent comprehensive interviews and wrote diagnostic reports for use in patients' treatment the following day.
- Assessed a wide array of pathology including anxiety disorders, affective disorders, psychotic disorders, eating disorders, somatoform disorders, personality disorders, and impulse-control disorders.
- Organized and managed multiple databases of over 2,000 participants and performed analyses for use in lab publications.

Methods to Improve Diagnostic Assessment and Services (MIDAS) Project:

- Administered more than 25 modified semi-structured clinical interviews to adult outpatients and maintained multiple databases of 3,800 participants.

Pre-Surgical Interviews

- Conducted pre-surgical psychiatric evaluations for individuals seeking bariatric surgery.
- Administered the Rhode Island Bariatric Screening Index (RIBSI), assessing dieting history, eating behaviors, knowledge of surgical consequences, and expectations of surgery.
- Additionally assessed current and past psychiatric symptoms with a modified version of the SCID.
- Conducted 122 interviews and wrote diagnostic assessments for the psychiatrist to evaluate patients' surgical suitability.

Prognostic Reliability and Validity of the DSM-5 Anxious Distress Specifier Interview (DADSI):

- Administered the Hamilton Rating Scale for Depression (HAM-D), Hamilton Anxiety Rating Scale (HAM-A), and Structured Clinical Interview for DSM-IV (SCID-IV) over the course of an ongoing longitudinal study to assess the prognostic reliability and validity of the DADSI.
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- Managed and organized databases and performed analyses for lab publications.

Inclusion/Exclusion Criteria in Antidepressant Drug Trails:

- Collected, coded, and established multiple databases for data collected for meta-analysis investigating the inclusion/exclusion criteria in antidepressant drug trials over the past 20 years.
- Conducted analyses for use in lab publications.

An Exploratory Phase II Study to Determine the Safety, Tolerability and Activity of a Novel Vasopressin 1a Receptor Antagonist (SRX246) in Adults with DSM-5 Intermittent Explosive Disorder (IED):

- Administered phone-screen interviews and assisted with recruiting participants in a multi-site investigational drug trial.

Strategies for Coping with Negative Thoughts:

- Conducted phone-screen interviews to assess for patient inclusion into study and administered Acceptance and Commitment Therapy-based cognitive defusion protocols examining the short-term efficacy of these exercises in adult outpatients with depressive disorders.

Pre-Authorization and Continued Care Review for Patient Insurance Coverage

- Obtained pre-authorization certification from insurance companies to secure initial coverage for partial hospital patients by providing relevant clinical information to insurance reviewers.
- Obtained additional coverage from insurance companies to secure continued care for partial hospital patients by collaborating with clinicians and communicating updated clinical information to insurance reviewers

Observation

- Observed Acceptance and Commitment Therapy-based group therapy and interpersonal group therapy within a partial hospital setting.

2013 – 2014

Bachelor of Science in Psychology with Honors, UNC-Chapel Hill

Principal Investigator, Undergraduate Honors Thesis

Metacognitions and Misappraisal of Cravings in Current and Former Smokers

Thesis Committee: Jonathan S. Abramowitz, Ph.D. (Chair), Anna Bardone-Cone, Ph.D., Laura Fabricant, M.A.

2011 – 2014

Undergraduate Research Assistant, Anxiety & Stress Lab, UNC-Chapel Hill

Supervisor: Jonathan S. Abramowitz, Ph.D.

General responsibilities included assisting with data collection and management for graduate student thesis projects and lab publications. Study tasks involved administering the MINI to undergraduate participants, managing collected data, and guiding clinical and control participants through consent, primary study measure (i.e., decision-making, mirror-gazing, or dot probe task), and debriefing.

CLINICAL EXPERIENCE**2023 – present Graduate Student Therapist, School of Law, University of Mississippi**

Supervisor: Todd A. Smitherman, Ph.D.

Providing evidence-based interventions to diverse 1L – 3L law students presenting with anxiety, depressive, trauma, personality, and substance use disorders.

2021 – 2022 Outpatient Therapist, Marshall County Community Mental Health Office - Communicare

Supervisors: Stefan E. Schulenberg, Ph.D. & Kerri P. McKnatt, M.Ed., NCC, LPC-S

Provided evidence-based interventions to diverse adult and child patients including those suffering from anxiety, depressive, substance use, personality disorders, serious and persistent mental illness (e.g., schizophrenia, bipolar disorder). Worked as part of an interdisciplinary team including other mental health service providers and medical providers to provide comprehensive services.

2020 – 2023 Graduate Student Therapist, Psychological Services Center University of Mississippi

Supervisors: Laura J. Dixon, Ph.D.; Stefan E. Schulenberg, Ph.D.; Kristin Austin, Ph.D.; Aaron A. Lee, Ph.D.

Provided evidence-based interventions to diverse patients from the greater northeast Mississippi region and University of Mississippi campus presenting with anxiety, depressive, trauma, personality, substance use, and eating disorders.

2018 – 2019 Graduate Student Therapist St. Elizabeth Ann Seton School | Psych Associates, Springfield, MO Missouri State University

Supervisor: Gabriel Cline, Ph.D.

General responsibilities in master's level practicum included conducting classroom psychoeducational groups, conducting individual therapy sessions for K-8 students, presenting cases for supervision, collaborating with school staff and administration, and formulating and implementing a mental health service model in a K-8 school where no mental health services were previously offered.

Additional responsibilities included case review and conceptualization, observation of individual therapy session, and website design.

TEACHING EXPERIENCE**Fall 2023 Guest Lecturer, School of Law, University of Mississippi***Law 776 - Professional Identity*

Instructor: Susan Hanley Duncan, J.D.

Led one professional course lecture covering factors of general wellness and time/task organization and prioritization.

Fall 2023 Guest Lecturer, Department of Psychology, University of Mississippi*PSY 311 – Psychopathology: Integrative Approaches*

Instructor of Record: Victoria McCutcheon, M.A.

Led one undergraduate lecture covering obsessive-compulsive disorder, including

	features of presentation, differential diagnosis, and therapeutic techniques.
Spring 2021	<p>Guest Lecturer, Department of Psychology, Bowling Green State University <i>PSYC 4050 – Psychology of Abnormal Behavior</i> Instructor of Record: Amy K. Jordan, M.S. Led one undergraduate lecture covering obsessive-compulsive disorder, including features of presentation, differential diagnosis, and therapeutic techniques.</p>
Fall 2020 – Spring 2021	<p>Teaching Assistant for Graduate Courses, University of Mississippi <i>PSY 710 – Cognitive Assessment; PSY 711 – Personality Assessment</i> Instructors: Stefan E. Schulenberg, Ph.D.; Danielle J. Maack, Ph.D. Trained first-year graduate students on clinical psychology assessment tools including the Mini International Neuropsychiatric Interview-V, Structured Clinical Interview for DSM-5 Personality Disorders, Minnesota Multiphasic Personality Inventory-II, Diagnostic Interview for ADHD in Adults, Connor’s Continuous Performance Test-III, Wechsler Adult Intelligence Scale-IV, Wechsler Individual Achievement Test-III, Mini Mental Status Exam. Observed mock assessments; provided education and feedback on procedures, assessments, interviews, scoring, and interpretation of results.</p>
Fall 2019 – Spring 2023	<p>Teaching Assistant for Undergraduate Courses, University of Mississippi <i>PSY 320 – Cognitive Psychology; PSY 309 – Learning; PSY 311 – Abnormal Psychology; PSY 301 – Developmental Psychology</i> Instructors: Rebekah E. Smith, Ph.D.; Carey Dowling, Ph.D.; Stephanie E. Miller, Ph.D.; Marylin Mendolia, Ph.D.; Heather Bliss, M.A.</p>
Fall 2018	<p>Guest Lecturer, Department of Psychology, Missouri State University <i>PSY 766 – Psychopathology</i> Instructor: Steven C. Capps, Ph.D. Co-led one graduate lecture covering DSM-IV to DSM-V changes and implications. Led two graduate lectures covering somatic symptom disorders as well as trauma and stress-related disorders including assessment, diagnosis, case conceptualization, and therapeutic techniques.</p>
Spring 2018	<p>Guest Lecturer, Department of Psychology, Missouri State University <i>PSY 304 – Abnormal Psychology</i> Instructor of Record: Steven C. Capps, Ph.D. Led two undergraduate course lectures covering anxiety disorders, including features of presentation, diagnosis, and therapeutic techniques.</p>

SUPERVISION AND MENTORSHIP

2022 – 2023	<p>Co-Creator and Leader of Clinical Case Conceptualization Supervision Group Psychological Services Center, University of Mississippi Supervisor: Kristin Austin, Ph.D. Created and led a year-long supervision group for junior graduate-level clinicians to sharpen case conceptualization skills, strengthen therapy skills, and implement effective interventions. Leadership responsibilities included formulating group syllabus and topics, preparing didactics, providing feedback to junior clinicians, integrating feedback from clinical supervisor, modeling case conceptualization, facilitating role-play and video review activities, and peer case consultation.</p>
2021 –	<p>Undergraduate Honors Theses, HART Lab, University of Mississippi</p>

present	<p>Supervisor: Laura J. Dixon, Ph.D. Mentorship through documentation writing, data analysis, defense preparation, administrative facets of project management, and professional development.</p> <ul style="list-style-type: none"> • (2024) Jenna Villiger – <i>Title TBD: Project examining skin disease, stress, and skin picking behaviors</i> • (2023) Ruth-Emmon Tyson – <i>The Relationship Between Coping Behaviors and Misophonia Symptom Severity and Impairment</i> • (2022) Kristin Barnett – <i>The Relationship Between PTSD-Related Symptoms and Skin Disease Symptom Severity in a Dermatological Sample</i> • (2021) Carson Schmitz – UM Summer Undergraduate Research Fellow – <i>Examining Race and Anxiety Sensitivity as Predictors of Electronic Cigarette Use and Dependence</i>
2016	<p>Postbaccalaureate Supervisor, MIDAS Summer Internship Program Rhode Island Hospital / Brown University</p> <p>Independently interview, selected for hiring, and mentored five undergraduate summer interns. Coordinated a 10-week internship program consisting of research, clinical, and didactic experiences. Supervised an intern's independent research and poster presentation at the 2016 Annual Meeting of the New England Psychological Association (NEPA) at Assumption College.</p>
2016 – 2017	<p>SCID-IV Trainer, Department of Psychiatry Rhode Island Hospital / Brown University</p> <p>Contributed to three-month comprehensive SCID-IV training for new research assistants and doctoral interns. Discussed research ratings and diagnoses and provided feedback on written reports. Conducted final diagnostic reliability assessments to ensure accuracy.</p>

SERVICE AND ADMINISTRATION

Fall 2023 – present	Clinical Program Graduate Student Representative/Faculty Liaison Department of Psychology, University of Mississippi
Spring 2021 – Fall 2021	Graduate Student Representative, Communications Committee Department of Psychology, University of Mississippi

WORKSHOPS AND SEMINARS ATTENDED

March 2023	<p>Administration and Scoring: Wide Range Assessment of Memory and Learning – Third Edition (WRAML-3) Department of Psychology, University of Mississippi Facilitator: Halle T. McCracken, M.A.</p>
October 2022	<p>Administration and Scoring: Delis-Kaplan Executive Functioning Systems (DKEFS) Department of Psychology, University of Mississippi Facilitator: Halle T. McCracken, M.A.</p>
September 2022	<p>Misophonia Research Fund Annual Meeting REAM Foundation/Milken Institute. Chicago, IL.</p>
Spring 2022	<p>Multicultural Psychology Seminar Department of Psychology, University of Mississippi Instructor: Laura R. Johnson, Ph.D.</p>

Fall 2021	Anxiety, Traumatic Stress, and Related Disorders Seminar Department of Psychology, University of Mississippi Instructor: Sarah A. Bilsky, Ph.D.
May 2021	Diagnostic Interview for Anxiety, Mood, and Obsessive-Compulsive and Related Neuropsychiatric Disorders (DIAMOND) Training Program Online training by Hartford HealthCare
Fall 2020	Evidence-Based Services Seminar Department of Psychology, University of Mississippi Instructor: John Young, Ph.D.
March 2020	Telepsychology Best Practices 101: Four-Part Series Online training by American Psychological Association
November 2019	Dimensions and Diagnosis of Autism Spectrum Disorder Department of Psychology, University of Mississippi Speaker: Joshua C. Fulwiler, Ph.D.

MENTORED AD-HOC REVIEWING EXPERIENCE

2021	<i>The Journal of General Psychology</i>	Co-reviewer with Laura J. Dixon, Ph.D.
2020	<i>Behavior Therapy</i>	Co-reviewer with Laura J. Dixon, Ph.D.
2020	<i>Cognitive Behaviour Therapy</i>	Co-reviewer with Laura J. Dixon, Ph.D.
2018	<i>Psychological Services</i>	Co-reviewer with William P. Deal, Ph.D.
2015	<i>Psychiatry Research</i>	Co-reviewer with Kristy Dalrymple, Ph.D.